

# Abbeydale nursing home



*the highest standard of individualised care*



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**w: [www.abbeydaleandstanleyhouse.co.uk](http://www.abbeydaleandstanleyhouse.co.uk)**

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*Welcome to Abbeydale...*

When our loved ones have additional and increased round-the-clock needs, there can reach a time when nursing care may need to be considered. We understand how difficult this time can be and the very experienced team at Abbeydale are able to support you with this.

Conveniently located just ten minutes outside the city centre of Derby, Abbeydale has been providing high-quality care since 1986. Delivering nursing care for up to 41 residents, either on a long-term or respite basis, each resident is sure to enjoy the atmosphere and ambiance of the home, as well as the excellent standards of service. Whether you are seeking a short period of respite care, considering regular day care provision, or looking for permanent nursing care, the professional team at Abbeydale can discuss this with you and accommodate your individual needs.

Inspected and rated

**Good**



**Care Quality  
Commission**

**Inspected January 2022**



*"The staff are extremely friendly, professional and knowledgeable" - (Granddaughter of resident)*





The enviable and highly regarded facilities of Abbeydale, all of which are accessible to those with limited mobility, include two communal lounges, separate dining area, and a conservatory with access to a patio area.

The building is beautifully furnished and retains many of its original features within its decor. A purpose-built garden extends to the rear of the property, and has been designed in conjunction with our residents and relatives to include raised planters, sensory plants and shrubs, tranquil seating area, and lawn for outside activities.

Residents of Abbeydale enjoy being able to carry on living a full social life while receiving individualised nursing care that continues to promote their independence, and we always ensure that our residents are treated with the dignity and respect they deserve. Abbeydale has open visiting hours with families and friends welcome to visit at any time.

We take great pride in the professional and caring service we deliver and are extremely proud of the fantastic feedback we continue to receive. Come along and meet our friendly team, and see for yourself. Abbeydale is more than a care home – it's a place that your loved ones can proudly call home.

*"I cannot thank the staff here enough as it has given us piece of mind that she is in the best hands" -*





# Care at Abbeydale...

High-quality, optimum care is of paramount importance to anybody considering nursing care and the team at Abbeydale share this as a priority. Each and every resident is treated as an individual with no one-size-fits-all approach.

Our team of Registered Nurses has extensive experience, knowledge and skills, and a large number of them have been with us for many years. The nursing team are supported by a dedicated and committed care and activity team. Our robust and comprehensive recruitment process places equal emphasis on compassion and competence. The residents and relatives of Abbeydale are always embraced and welcomed into a family care home environment. We arrange regular visits into the care home from chiropody, dental technician, hairdressers, optical, and audiology services to help ensure residents' needs are met.

There is no need to take us at our word, either. We are proud to enjoy an outstanding reputation in the local community and among many professionals in the area. Pointing your web browser to [www.carehome.co.uk](http://www.carehome.co.uk) will provide a number of positive reviews from our residents, and their loved ones. This reputation for excellence is something the team at Abbeydale have worked hard to achieve and are proud of the positive feedback we receive.



## Offering the highest standard of



# Dining and Nutrition...



Abbeydale has an experienced kitchen team who are dedicated and passionate in delivering the highest standards of food service. Dietary requirements and preferences will be catered for as part of our service, with fully modified diets available. The team try to source the best, freshest, local ingredients to create lovely meals, ensuring that the food enjoyed by our residents is as nutritional as it is delicious. We aim to ensure the dining experience is focal in our residents' day, with varied choices at each meal, and residents consulted and involved in menu planning.

All meals are prepared in our own kitchen and individual requests can be catered for quickly and efficiently, with no fuss or prolonged waiting times.

**Inspected April 2024**



This scheme is operated in partnership with your local authority

## FOOD HYGIENE RATING

0 1 2 3 4 **5**

**VERY GOOD**

*individualised care in Derbyshire*







## Bedrooms and Facilities...

All our bedrooms are fully furnished to exemplary standards, and en-suite bathrooms are available in some of our rooms. Those rooms that are not en-suite are furnished with a sink area, and all bedrooms have a nurse call system. Televisions are provided in all our bedrooms for residents wishing to enjoy their favourite programmes in their own peaceful surroundings. Arrangements can be made for residents to have telephones in their bedrooms. Our residents are also more than welcome to provide items of their own furniture or possessions to make themselves feel even more at home.

Easy read signage around the home assists our residents to identify where their bedroom is located, with additional themed corridors to aid memory and recall.

Wifi is available throughout the home for those residents wishing to keep in touch with families and friends using technology. Residents can enjoy the luxury of our spa bathrooms: these are fitted with hoist facility and incorporate sensory lights and soothing music for an ultimate bathing experience.

*"The last few months has been extremely difficult for myself and my family due to my grandma's health. The staff here are amazing, excellent care provided and has made us all feel a little easier knowing that my grandma is receiving quality care whilst maintaining as much dignity as possible. The staff are extremely friendly, professional and knowledgeable. I cannot thank the staff here enough as it has given us piece of mind that she is in the best hands".*

Catherine N (Granddaughter of resident)





## *Activities at Abbeydale...*

Everyone should be able to continue to engage in and enjoy the hobbies and activities they have participated in throughout their life. At Abbeydale we offer a full range of activities to ensure our residents can remain mentally stimulated and keep physically active.

We have a dedicated team of activity facilitators who work across both of our care homes to deliver interesting, stimulating and varied activities throughout the week. Regular events on our timetable include visits from popular external singers and stage performers, arts and craft classes, a baking group, gardening, gentle sporting events including bowls and balloon tennis, quizzes, visits to museums and places of local interest, local parks, pubs, farm trips, the cinema and many more.

Our residents look forward to the regular visits from Derby County Community Trust to join in with their Forever Active programme. Another exciting timetable event for us all is our regular visit from the local nursery children - as part of our FLAGS programme (Friendship and Learning Across the Generations). Of course, our residents are also encouraged to continue enjoying their existing hobbies. If there is a passion for knitting, jigsaws, crosswords or simply relaxing in a quiet space with a good book or their newspaper, our team will be on hand to assist.

*"Activities are planned throughout the week by the events organiser which involves residents meetings, themed days and outings, I will certainly be doing my bit in the future volunteering and helping where possible and feel that this is the least I can do to thank the staff of Abbeydale".*





*Contact Abbeydale...*

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